

FOR IMMEDIATE RELEASE

March 2, 2016

BCM Resources Corporation Appoints New Director and Grants Incentive Stock Options

Vancouver, **BC** - BCM Resources Corporation (TSX-V: B), the "Company" is pleased to announce the appointment of Matthew Lennox-King, B. Sc. to its Board of Directors.

Mr. Lennox-King brings over 20 years of experience in mineral exploration to BCM, as a geologist, and mining company executive. For the past 5 years he was President and CEO of a TSX listed gold exploration and development company, active in the Western US and Eastern Europe and he brings extensive experience in exploration, project management and capital markets to the Company. Mr. Lennox-King holds a B.Sc. in Geological Sciences from the University of British Columbia and was a 2014 recipient of Business in Vancouver's Top 40 Under 40.

"We are pleased to welcome Matthew to our Board and are confident that his depth of experience will play an integral role in advancing our Company to the next level", states Dale McClanaghan, President of BCM Resources Corp.

The appointment is subject to regulatory approval.

Additionally the Company announces that, subject to regulatory approval, it has granted 95,000 incentive stock options to a director of the Company. The options are exercisable at a price of \$0.15 per share for a period of 5 years from March 2, 2016.

The incentive stock options were granted in accordance with the Company's stock option plan.

About BCM Resources Corporation

BCM Resources Corporation is a diversified Canadian mineral exploration company focused on identifying, acquiring, advancing, and joint venturing prospective Copper, Gold, and Molybdenum exploration projects in British Columbia and Utah. BCM Resources is managed by experienced and successful board members and advisors. For further information, including area maps, sections, and photos, please visit our web site at www.bcmresources.com or contact us by e-mail at info@bcmresources.com.

On Behalf of the Board of Directors:

Dale McClanaghan, President & CEO

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Caution Concerning Forward-Looking Statements

This news release and related texts and images on BCM Resource Corporation's website contain certain "forward-looking statements" including, but not limited to, statements relating to interpretation of mineralization potential, drilling and assay results, future exploration work, and the anticipated results of this work. Forward-looking statements are statements that are not historical facts and are subject to a variety of risks and uncertainties which could cause actual events or results to differ materially from those reflected in the forward-looking statements, including, without limitation: risks related to fluctuations in metals prices; uncertainties related to raising sufficient financing to fund the planned work in a timely manner and on acceptable terms; changes in planned work resulting from weather, logistical, technical, governmental, social, or other factors; the possibility that results of work will not fulfill expectations and realize the perceived potential of the company's projects; uncertainties involved in the interpretation of sampling and drilling results and other tests; the possibility that required permits and access agreements may not be obtained in a timely manner; risk of accidents, equipment breakdowns or other unanticipated difficulties or interruptions; the possibility of cost overruns or unanticipated expenses in these work programs.

Forward-looking statements contained in this release are based on the beliefs, estimates, and opinions of management on the date the statements are made. There can be no assurance that such statements will prove accurate. Actual results may differ materially from those anticipated or projected. BCM Resources Corporation undertakes no obligation to update these forward-looking statements if management's beliefs, estimates, opinions, or other factors, should change.

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