

FOR IMMEDIATE RELEASE October 12, 2006

BCM Resources Corporation: Additional Molybdenum Surface Sample Results from the Shan Property

BCM Resources Corporation (TSX-V: B) has completed additional sampling on the Shan property located 20 kilometres northeast of Terrace, BC. These results, combined with data released October 2, 2006, support the existence of a broadly mineralized area 800 by 500 m with important high grade mineralization in the southwestern zone, untested in earlier exploration programs

All samples from the second round were located in the previously untested southwestern zone, and will be followed up with a diamond drill program in October.

These second round surface samples include:

Sample		width	Mo	Sample		width	Mo
Number	type	(m)	percent	Number	type	(m)	percent
SH-118	chip	3	0.081	SH-141	chip		0.007
SH-119	chip	3	0.082	SH-142	chip		0.002
SH-120	chip	3.5	0.101	SH-143	chip		0.002
SH-121	chip	2	0.131	SH-144	chip	1.7	0.001
SH-122	chip	3.3	0.050	SH-145	float		0.113
SH-123	chip	2.5	0.079	SH-146	chip		0.148
SH-124	chip	1.8	0.031	SH-147	float		0.023
SH-125	chip	4.3	0.024	SH-148	chip		0.032
SH-126	chip	3.5	0.046	SH-149	chip		0.029
SH-127	chip	2.25	0.060	SH-150	sub-crop		0.014
SH-128	chip	1.8	0.105	SH-151	float		0.075
SH-129	recce chip		0.022	SH-152	chip		0.047
SH-130	sub-crop grab		Greater than 0.2%	SH-153	float		Greater than 0.2%
SH-131	sub-crop grab		0.031	SH-154	float		0.006
SH-132	sub-crop grab		0.006	SH-155	chip		0.046
SH-133	sub-crop grab		0.036	SH-156	chip	2.4	0.000
SH-134	sub-crop grab		0.006	SH-157	chip	2	0.001
SH-135	recce chip		0.017	SH-158	SC		0.001
SH-136	float		0.001	SH-159	chip		0.001
SH-137	sub-crop grab		0.035	SH-160	float		0.000
SH-138	float grab		0.009	SH-161	sub-crop		0.005
SH-139	float grab		0.093	SH-162	sub-crop		0.007
SH-140	chip channel	2.2	0.039	SH-163	sub-crop		0.021

SH-123 to SH-127 are contiguous samples taken from an embankment. With two samples over 0.2% Mo, five samples in the 0.1-0.2% range, and six samples in the 0.05-0.1% range, these results are highly encouraging and form the basis for the preliminary drill program.

Qualified Person

Lindsay Bottomer P.Geo., who is a Qualified Person as defined in NI 43-01, has reviewed the technical content of this news release. The surface sample assays were done at ACME Analytical Laboratories Ltd.

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Forward Looking Statements: Statements in this news release are forward-looking statements. Forward-looking statements include without limitation, statements regarding the company's plans, goals or objectives and future completion of mine feasibility studies, mine development programs, capital and operating costs, production, potential mineralization and reserves, exploration results and future plans and objectives of BCM. Forward-looking statements can generally be identified by the use of forward-looking terminology such as "may," "will,", "expect," "intend," "estimate," "anticipate," "believe," or "continues" or the negative thereof or variations thereon or similar terminology. There can be no assurance that such statements will prove to be accurate and actual results and future events could differ materially from those anticipated in such statements. Important factors that could cause actual results to differ materially from expectations include risks associated with mining generally and pre-development stage projects in particular including but not limited to changes in general economic conditions, litigation, legislative, environmental and other judicial, regulatory, technological and operational difficulties, labor relations matters, foreign exchange costs & rates. Potential investors should conduct their own investigations as to the suitability of investing in securities of BCM.